"Empower, Lead, Excel"

# The Hoby Daily

Morning Edition
Yesterday was cloudy
with a high of 79.

Today there is a 100% chance of weather

Check out an electronic version at www.hobyindiana.org/hobydaily/

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\$1,000,000.00



# Question of the Day

What has been your favorite part of HOBY so far?

| "I think it would be the<br>speakers—what they said<br>really clicked with me"<br>-Sherry Xie<br>The Cheetahs | "The energy and the<br>cheers!"<br>-Cole Bales<br>The Turtles   |
|---|---|
| "I've really liked meeting<br>new people and getting<br>to know them"<br>-Carly Chandler<br>The Penguins      | "The speakers! I have loved<br>learning about what they<br>have to say about<br>becoming a leader"<br>-Ethan Treend<br>The Tigers |

#### **Leadership in Motion**

Saturday night, HOBY danced it out in UIndy Hall after a day of service and leadership training! Ambassadors shook the floor to hits like "Sucker" by The Jonas Brothers, "Party in the USA" by Miley Cyrus, and "High Hopes" by Panic! At the Disco. Vulnerability was in the air as ambassadors fearlessly danced with their new lifelong friends. Turk, as usual, performed an incredible number to "London Calling" by The Clash. HOBY Staff and ambassadors alike enjoyed the dance, which was a perfect way to conclude the final full day of HOBY Indiana 2019!

# Bryan Neale and the Importance of Vulnerability

Lessons on leadership and life for the final evening of HOBY Indiana 2019

On Saturday evening, Bryan Neale challenged HOBY ambassadors to be open about what they wanted to improve upon as an individual leader. Neale explained that the only thing we can control in our lives is how we react to external events. Through an exercise in which the audience wrote to a person they were harboring resentment toward, Neale helped the audience see how important it is to communicate with whom we are struggling. As he stated, "resentment is like swallowing poison and expecting the other person to die." Thus, we must come to terms with our conflicts. Furthermore, he claimed that vulnerability is the ultimate sign of strength and proved this by asking volunteers to dance on stage! Each ambassador began with hesitation, but eventually embraced the experience as the audience kept cheering. Neale explained the point of the lesson: your audience does not want you to fail. Through a personal story, he urged the audience to reflect on the present, gratitude, and the positive aspects of our lives. Neale listed the lessons he wished he had learned at a young age: to know yourself, to choose constructive conflict over harmony, to choose vulnerability, and finally, to live in the moment!



#### Meet the Ambassador!



Name: Cece Cooper

**Group:** 

The Tardigrades

**School:** Bishop

Dwanger High School

**Shout-Out:** "To the moss piglets!"

Cece has really enjoyed the positivity and camaraderie at HOBY! Even though she is people oriented, HOBY has helped her step out of her shell! She is an otter and has learned her strengths and blind spots as a leader. She feels as though her group is very sweet, genuine, and a little HOBY family. Cece also has six pet chickens!

#### Meet the Ambassador!



Name: Harry Pala

**Group:** The Peacocks

**School:** Griffith High

School

**Shout-Out:** "Birds of a feather, and we stick

together!"

If Harry had to use one word to describe his HOBY experience it would be "impactful." He spent time at a Camp Tecumseh and felt as though it built him into the person he is, but HOBY is "sanding [him] down and forming [him] into a better person." Harry thinks that anyone who gets the chance to go to HOBY should take that opportunity! He is in theatre, choir, and plays the trumpet! Harry is also the proud owner of a pair of "Rocky Horror Picture Shoes."

## Don't lose touch with your HOBY



### family!

See the HOBY Store after closing ceremony to purchase tickets for the Indians HOBY Alumni Game!



#### **Leadership for Service**

This year, HOBY ambassadors assisted our host, the University of Indianapolis, with a tile project set to be placed outside Lilly Hall. The art installation is a combined effort between the Sculpture Walk, the Biology Department, and the Department of Art and Design and is meant to reflect Indiana's biodiversity. Ambassadors also created corner bookmarks for children around the city and made denim dog toys for animal shelters. These collaborative service projects generated approximately 435 hours of community service!

#### **SMART Goals**

Saturday afternoon Kateland Beals taught HOBY the importance of and how to set SMART Goals.

**S** - Specific

M - Measurable

A - Attainable

R - Relevant

T - Time Based

Remember to use this skill to achieve your goals!

#### Tweet of the Day

"goals are just dreams with deadlines". #HOBYIN19 @HOBYIndiana"

-@reesewiley03

Don't forget to tag #HOBYIN19 In your posts